

St Peter's Plumbridge - Lunch Menu

Breads
Milk, Water
A Choice of
Fresh Fruit &
Yoghurt
Available Daily

If you require any
additional
information on
Allergens or
Special Diets,
please contact
the School to
complete a
Special Diets
Application Form

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 29 th Aug 26 th Sept 24 th Oct 21 st Nov 19 th Dec 16 th Jan	Spaghetti Bolognese or Margherita Pizza Crusty bread Sweetcorn Salsa Potato Salad Raspberry Ripple Ice Cream & Watermelon Chunks	Roast Loin of Pork or Salmon Tails Traditional Stuffing/Gravy Carrot & Parsnip and Broccoli Florets Oven Dry Roast & Mashed Potato Popcorn Cookies with Pear Slices & Black Grapes	Breast of Chicken Curry with Boiled Rice & Naan Bread or BBQ Chicken Panini Tossed Salad & Coleslaw Garden Peas Chocolate & Pear Sponge with Custard	Chicken Goujons or Chicken Pasta Sweetcorn & Red Pepper Baked Beans Frozen Smoothies & Fresh Fruit	Fish Fingers or Burger in a Bap Tossed Salad Baked Beans Chipped Potato/Baked Potato Fresh Fruit Selection & Yoghurts
WEEK 2 5 th Sept 3 rd Oct 31 st Oct 28 th Nov 26 th Dec 23 rd Jan	Oven Baked Sausages or Chicken Pasta Savoury Noodles Baked Beans/Tossed Salad Mashed Potatoes Arctic Roll with Sliced Peaches	Breaded Fish Fillets or Lasagne & Crusty bread Sweetcorn & Peas/ Asian Slaw Mashed Potato Pineapple Chunks Frozen Yoghurt	Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or Chicken & Cheese Panini Garden Peas Baked Potato Tossed Salad Apple Sponge & Custard	Roast Breast of Chicken or Salmon Tails Traditional Stuffing/Gravy Savory cabbage/Diced Carrots Oven Roast Dry & Mashed Potato Chocolate Brownie with Raspberry Milkshake	Steak Burger & Bap or French Bread Pizza Chipped/Baked Potato Tossed Salad Coleslaw Flakemeal Biscuit & Fruit Chunks
WEEK 3 12 th Sept 10 th Oct 7 th Nov 5 th Dec 2 nd Jan 30 th Jan	Breast of Chicken Curry & Rice, Naan Bread, Garden Peas or Filled Baked Potatoes Salad Selection Frozen Yoghurt & Fresh Fruit Selection	Fish Fingers or Irish Stew & Wheaten Bread Baked Beans/Sweetcorn Mashed Potato Tossed Salad Swiss Roll filled with Yoghurt and Fruit	Breaded Chicken Goujons or Spicy Chicken Panini Pasta Salad Sweetcorn, Homemade Chilli Wedges Vanilla Ice Cream, Pears, & Chocolate Sauce	Roast Gammon or Salmon Tails Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed Potatoes Rice Pudding and Melody of Fruit	Steak Burger with Bap or Chicken Pasta Bake Tossed Salad/Coleslaw Chips Baked Potato Flakemeal Biscuits & Fresh Fruit Chunks
WEEK 4 19 th Sept 17 th Oct 14 th Nov 12 th Dec 9 th Jan 6 th Feb	Spaghetti Bolognese with Crusty Bread or Tuna & Sweetcorn Wrap ½ Baked Potato with Cheese Tossed Salad Honey Dew Melon Wedges and Ginger Cookie	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Fish Bite Pizza Fingers Cocktail Sausages Carrot Sticks Fruit Muffin & Milkshake	Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or Savoury Mince Garden Peas Mashed Potato Fruit Crumble & Custard	Roast Beef or Salmon Tails Traditional Stuffing/Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Chocolate Brownie and Banana chunk	Breaded Chicken Bites or Chicken and Cheese Panini Baked Beans Chipped/Baked Potato Tossed Salad/Coleslaw Jelly, Ice Cream & Fresh Fruit

Menu choices subject to deliveries

